

Mary Cook Bio

Mary Cook has been an avid athlete her entire life. She was a three time Nevada State Champion in multiple distances at Boulder City High School. Mary attended Regis University on a Swimming Scholarship, where she graduated and transitioned to her career in Business and Fitness.

In 2004, Mary started her own gym in the Boulder City, Nevada area, called Victory fitness. Mary has been training more than 30 clients a year over the last 8 plus years and loves to impart her wisdom and passion for fitness to all her clients. Besides her busy career, Mary is the mother/step mother of 9 children; two of them are 18 month old twin boys.