

July Snack Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack	1. Cereal with Milk	2. Muffins and pears	3. Breakfest Bars with peaches	GUSTO FOR	5. Pancakes and fruit
Afternoon Snack	Tortilla Chips, Salsa and Sour Cream	Ham and chesse roll ups	Grapes and Chesse		Oranges and animal crackers
AM Snack	8. Bananas and yogurt	9. Rice Cakes with Wow Butter	10. Bagel and cream cheese	11. Graham crackers and fruit	12. Donuts
Afternoon Snack	Gogurt with Goldfish	Oranges and graham crackers	Veggie Straws and String Cheese	Wheat Thins with Mixed Fruit	Chocolate/Vanilla Pudding with Nilla Wafers
AM Snack	15. Cereal with Milk	16. Muffins and pears	17. Breakfest Bars with peaches	18. Graham Crackers with Applesauce	19. Pancakes and fruit
Afternoon Snack	Tortilla Chips, Salsa and Sour Cream	Ham and chesse roll ups	Grapes and Chesse	Trail Mix	Oranges and animal crackers
AM Snack	22. Bananas with Yogurt	23. Rice Cakes with Wow Butter	24. Bagel and cream cheese	25. Graham crackers and fruit	26. Donuts
Afternoon Snack	Gogurt with Goldfish	Oranges and graham crackers	Veggie Straws and String Cheese	Wheat Thins with Mixed Fruit	Chocolate/Vanilla Pudding with Nilla Wafers
AM Snack	29. Cereal with Milk	30. Muffins and pears	31. Breakfest Bars with peaches		
Afternoon Snack	Tortilla Chips, Salsa and Sour Cream	Ham and chesse roll ups	Grapes and Chesse		

