

July Snack Menu



| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-----------------|--|--------------------------------|-------------------------------------|---|--|
| AM Snack | | | 1. Nutrigrain Bar w/ Applesauce | 2. Yogurt and Gonarola | 3. Mini Donuts and Fruit |
| Afternoon Snack | | | Grapes and Chesse | Bell Pepers and Ranch | Chocolate/Vanilla Pudding with Nilla Wafers |
| AM Snack | 6. Cereal with Milk and Strawberries | 7. Mini Muffins and Pears | 8. Oranges and graham crackers | 9. Breakfast Bars and Peaches | 10. French Toast |
| Afternoon Snack | Gogurt with Goldfish | Trail mix and Fruit | Apples and WOW Butter | Tortilla Chips, Salsa and Sour Cream | Cheese roll ups |
| AM Snack | 13. Rice Cakes WOW Butter and Bananas | 14. Bagels and Cream Cheese | 15. Nutrigrain Bar w/ Applesauce | 16. Yogurt and Gonarola | 17. Pop Tarts and Fruit |
| Afternoon Snack | Graham Crackers and Creamcheese | Ham and chesse roll ups | Grapes and Chesse | Bell Pepers and Ranch | Chocolate/Vanilla Pudding with Nilla Wafers |
| AM Snack | 20. Cereal with Milk and Strawberries | 21. Mini Muffins and Pears | 22. Oranges and graham crackers | 23. Breakfast Bars and Peaches | 24. Pancakes and Fruit |
| Afternoon Snack | Gogurt with Goldfish | Trail mix and Fruit | Apples and WOW Butter | Tortilla Chips, Salsa and Sour Cream | Chocolate/Vanilla Pudding with Nilla Wafers |
| AM Snack | 27. Rice Cakes WOW Butter and Bananas | 28. Bagels and Cream Cheese | 29. Nutrigrain Bar w/ Applesauce | 30. Yogurt and Gonarola | 31. Mini Donuts and Fruit |
| Afternoon Snack | Graham Crackers and Creamcheese | Ham and chesse roll ups | Grapes and Chesse | Bell Pepers and Ranch | Chocolate/Vanilla Pudding with Nilla Wafers |