



**Coach Chris
Sports**

About Coach Chris:

Try your best. Learn. Have Fun!

Program Highlights:

- *Age Appropriate Sequenced Curriculum**
- *Fundamental Skill Based**
- *Personal Development**
- *Practice and games one session**
- *Meet only once a week**
- *Coached and Lead by Coach Chris**
- *Fun! Fun! Fun!**



Coach Chris Tabarez, also known as “Coach Chris”, has spent almost 20 years working in youth sports providing safe, educational and quality sport programs. Having worked with thousands of children as a coach, physical education teacher and program director, Coach Chris understands that a quality youth sports program should be based on development, positivity and FUN! Coach Chris believes that sports offers more than just exercise and physical skill development. Sports offers an opportunity for personal growth, building self-confidence and character development. These benefits impact the child, their family and community on and off the court and last long after their sports career is complete. Coach Chris Sports philosophy is: “Try your best. Learn. Have Fun!”

PARENT TESTIMONIAL:

MY SON STARTED HIS FIRST YEAR OF BASKETBALL WITH COACH CHRIS AT AGE 4... 3 SEASONS LATER HE CANNOT WAIT TO WORK WITH AND LEARN FROM COACH CHRIS. HIS BASKETBALL SKILLS WENT FROM NOT KNOWING HOW TO DRIBBLE TO KNOWING SO MUCH MORE... HIS CONFIDENCE LEVEL WENT FROM 0 TO 100. THIS CONFIDENCE HAS CARRIED TO OTHER SPORTS AND INTO EVERY DAY LIFE. THE KNOWLEDGE, COMPASSION AND EXPECTATIONS FROM COACH CHRIS HAS MADE A WORLD OF A DIFFERENCE FOR MY SON.