



September Snack Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning Snack	1. CAMP CLOSED	2. Pancake Wrapped Sausages	3. Cereal & Milk	4 Yogurt w/ Granola & Fruit	5. Mini Pancakes & Fruit
Afternoon Snack	Happy Labor Day	Salami, Cheese & Crackers	Oranges & Smart Popcorn	Veggie Straws & Cheese Sticks	Pudding & Nilla Wafers
Morning Snack	8. French Toast Sticks	9. Nutrigrain Bars & Fruit	10. Bagels & Cream Cheese	11. Cereal & Milk	12. Mini Muffins & Fruit
Afternoon Snack	Dill Pickles & Goldfish	Ham & Cheese Tortilla Roll-Ups	Apples & Pretzels	Tortilla Chips w/ Salsa & Sour Cream	Applesauce & Graham Crackers
Morning Snack	15. Special K Bars & Fruit	16. Pancake Wrapped Sausages	17. Cereal & Milk	18 Yogurt w/ Granola & Fruit	19. Mini Pancakes & Fruit
Afternoon Snack	Fruit Strips & Cheese-its	Salami, Cheese & Crackers	Oranges & Smart Popcorn	Veggie Straws & Cheese Sticks	Pudding & Nilla Wafers
Morning Snack	22. French Toast Sticks	23. Nutrigrain Bars & Fruit	24. Bagels & Cream Cheese	25. Cereal & Milk	26. Mini Muffins & Fruit
Afternoon Snack	Dill Pickles & Goldfish	Ham & Cheese Tortilla Roll-Ups	Apples & Pretzels	Tortilla Chips w/ Salsa & Sour Cream	Applesauce & Graham Crackers
1% Milk and/or Water is served with every snack					

