



Attention Members

Facility Holiday Hours:

THANKSGIVING DAY

Thursday November 27th

8:30 am - Turkey Jam (14th Year) with Marlene

A mix of cardio, strength, AND flexibility

9:45 am - PILATES with Marlene

Friday November 28th

9:15 am - PILATES

10:30 am - BOOTCAMP with Dana

Saturday November 29th &

Sunday November 30th

All classes are CANCELLED

Have a Happy & Safe Holiday
From The Caughlin Athletic Club Staff



CAUGHLIN ATHLETIC CLUB
RENO'S PREMIER FAMILY FITNESS & TENNIS CLUB